

PSALMS

PSALMS



Christian Bible Church
of the Philippines

book
III-IV

GETTING STARTED

This devotional series will help you reflect on **One-Psalm-A-Day** during your personal worship time with God. If you find personal worship to be a new concept or a challenging habit to get in to, there is no need to worry! This series will walk you through a step-by-step guide that will help you get started in spending quality time with God and His word!

Use this journal-type booklet to write down your thoughts, observations, and track your journey with God as you engage in His word. You will also find helpful prompts and questions that will help you look into your relationship and walk with God as you go along.

PSALMS

BOOKS 3 & 4

GUIDE TO DOING PERSONAL WORSHIP

The Elements of P.R.A.I.S.E.



PAUSE & PRAY

Our nature is to be blind to spiritual things and we need God to make us spiritually sensitive to what He wants to teach us. The Psalms contain a prayer that would serve us well, “Open my eyes, that I may behold wondrous things out of Your law” (Psalm 119:18). To help you pause and prepare your heart to worship, you may choose to sing or listen to a song.

READ THE TEXT

If you read the Bible randomly - a verse here and a verse there - it's almost certain that you will never really understand the major teachings of Scripture. Most of the Bible is meant to be read in paragraphs and sections. Chapter divisions are convenient section markers.

ASK QUESTIONS

Ask and answer observation questions to help you get at the facts. Use the 5 W's & H questions - Who? What? When? Where? Why? and How?

INTERPRET IN CONTEXT

Be careful that you don't interpret a word, phrase or verse in a way that isn't consistent with its context. Check your conclusions by asking yourself if the author would have intended his *original* audience to understand him the way you're interpreting him.

SUMMARIZE APPLICATION

A most useful exercise is to capture the main point(s) and personal application(s) of a section (whether a paragraph or a chapter). This forces you to think through the meaning of a passage and your response, rather than skimming through without much benefit. To help guide you to come up with a personal application, you may use the P.R.A.C.T.I.C.E. acrostic on the next page.

P – Promise to claim

Is there a promise from God applicable to you that you should hold on to?

R – Request to pray for

Is there a need or concern you should be praying for?

A – Attitude to change

Is there an attitude or character trait that you need to change?

C – Command to obey

Is there a direct command from God that He is asking you to follow?

T – Truth to believe

What truth have you learned and should believe in?

I – Insight about God

What does this passage tell me about God, Jesus Christ or the Holy Spirit? What is God like? What pleases Him and what does not?

C – Confession to make

What sin must you confess and repent from?

E – Example to follow and not to follow

Is there an example that you should avoid or a role model to emulate?

ENGAGE WITH GOD

Now, talk to God in response to what you have read. Ask Him to apply His Word to your heart; to give you understanding, faith, and obedience. If you are new to prayer, you can pray aloud or silently, but don't worry about fancy words. God is interested in the sincere expression of your devotion to Christ.



Tip: Bookmark this page! You can go back to it anytime you feel stuck and need a jumpstart for your reflections.

INTRODUCTION

The book of Psalms is a collection of 150 songs that served as the hymnbook of the Old Testament people of God. Poetic in form and largely addressed to God, the songs are also considered as prayers. These songs were collected over nearly a thousand years, from the time of Moses to the Babylonian captivity, with the majority of the psalms being attributed to King David.

The best way to read the Psalms is to make these ancient, inspired prayers our own by speaking them directly to God. Though our situation may not exactly be the same as that of the psalmist, we may still discover some parallels. We may also find ourselves identifying with and relating to the deep feelings and thoughts of the psalmist.

BOOK THREE

Chapters 73 – 89

Mainly written by Asaph or his descendants, this collection of psalms is similar to the book of Leviticus. Many of the songs and writings talk about the Temple and God's enthronement just like Leviticus. They tell us that "because God is almighty, we can turn to Him for deliverance". These psalms praise God because He is holy, and His perfect holiness deserves our worship and reverence.

BOOK FOUR

Psalms 90 – 106

The fourth collection of psalms is similar to the book of Numbers. Most of it is written by unknown authors. Just as Numbers discusses the relationship of Israel to surrounding nations, these psalms often mention the relationship of God's overruling Kingdom to the other nations. Because we are citizens of the Kingdom of God, we can look at the events and troubles of earth with a different perspective.

Psalm 73

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What did the psalmist observe about the wicked that caused him to be disturbed and confused? (vv.1-16) How did he respond?
2. What changed the psalmist's perspective? (vv.17-20)
3. What did the psalmist experience when he was self-focused? (vv.21-22)
4. What did the psalmist experience when he focused on God instead? (vv.23-28)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 74

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. Why was the psalmist in despair? What caused him to pray the way he did? (vv.1-3) What questions did he ask God? (vv.10-11)
2. List down the things that the psalmist lamented about their (Israel's) experience. What did their enemies do to them? (vv.4-9)
3. What caused the psalmist to exalt God again? (vv.12-17)
4. What did the psalmist ask God to do? (vv.18-23)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 75

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. Why did the people give thanks to God? (v.1) What did God say about Himself? (vv.2-3)
2. What warning did God give to the boastful and the wicked? (vv.4-5)
3. What is the source of the psalmist's confidence? How did he describe God? (vv.6-8)
4. What did the psalmist declare as his commitment? (vv.9-10)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 76

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. Where did God reveal His wrath? (vv.1-3)
2. How did the psalmist describe God's glorious wrath? List at least four descriptions (vv.4-10)
3. What did the psalmist command the people to do in response? (vv.11-12)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 77

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. Describe Asaph's situation. Why was he crying out God? (vv.1-6)
2. As he was experiencing despair, what questions did Asaph ask God? (vv.7-9)
3. Describe Asaph's determination (vv.10-15). What are the two things that he chose to do? (vv.11 and 12)
4. What did Asaph declare about God's power? What event was he describing? (vv.16-20)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.




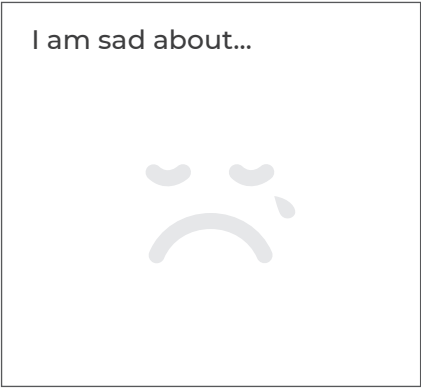
Prayers for today:

This Past Week at a Glance

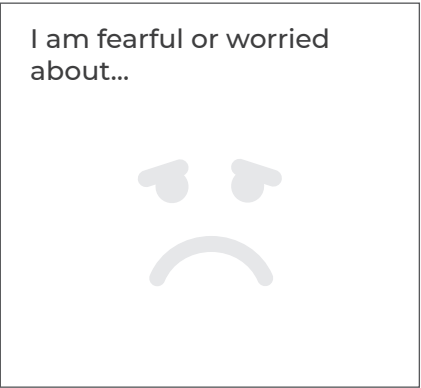

I am happy and thankful
to God about...



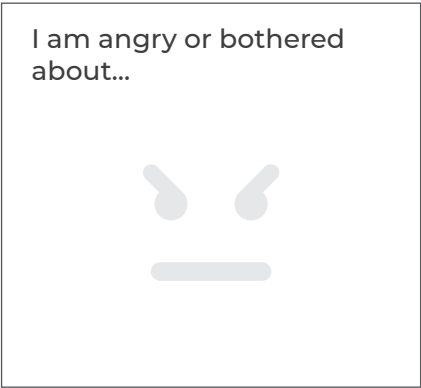

I am sad about...

A simple, stylized drawing of a sad face. It features two small, curved lines for eyes, a large, downward-curving arc for a mouth, and a single teardrop falling from the right eye. The drawing is light gray and centered on a white background.

I am fearful or worried about...



I am angry or bothered about...



What is one key thing that God is telling me through His Word in light of the things that have happened this week?

What is one thing I need to do in light of what God is saying?

Commit all these matters to God in thanksgiving & prayer.

Sunday Message Notes

Title:

Scripture:

Psalm 78 1-22

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What's the importance of teaching the lessons of Israel's past to the next generation? (vv.1-8)
2. What did God do to the sons of Ephraim or Israel? (vv.12-16) How did Israel respond in return? (vv.9-11)
3. How else did Israel continue in their sin and rebellion against God? (vv.17-21)
4. How did God respond? (vv.21-22)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 78 23-39

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. How did God remain faithful to Israel during their journey in the desert? (vv.23-27)
2. What did God do to punish Israel for their sins? (vv.28-31) How did Israel respond? (vv.32-33)
3. After experiencing God's punishment, what did Israel do? (vv.34-35) Did Israel sincerely repent? (vv.36-37)
4. How did God treat Israel despite Israel's unfaithfulness? (vv.38-39)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 78 40-58

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. How did the sins of Israel affect God? (vv.40-43)
2. How did God rescue Israel out of their bondage in Egypt? (vv.44-53)
3. Where did God bring Israel after He rescued them? (v.54) How did God do this? (v.55)
4. How did Israel respond to God's goodness? (vv.56-58)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 78 59-72

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. How did God respond to Israel's unfaithfulness? (v.59)
2. How did God deal with Israel? (vv.60-64)
3. What did God do to His enemies? (vv.65-66)
4. How did God deal with Ephraim and Judah? (vv.67-69)
5. Who did He choose to lead Israel? (vv.70-72)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 79

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. Why did the Israelites ask God for vengeance? (vv.1-4)
2. What did the Israelites ask God to do on their behalf? (vv.6-7, 12)
3. How did Israelites approach God to come to their rescue? (vv.8-9, 13)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



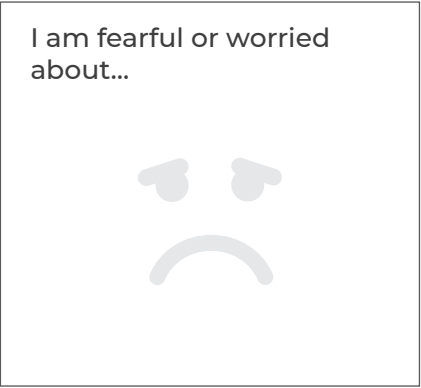

Pray & surrender your response to God.




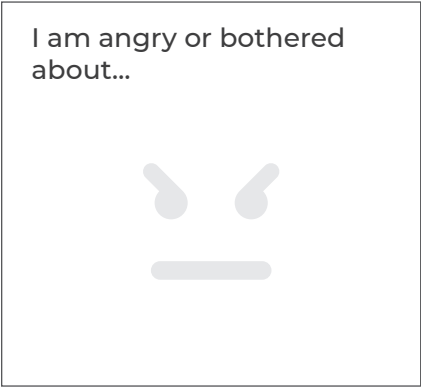
Prayers for today:

This Past Week at a Glance

I am happy and thankful
to God about...



I am sad about...

A simple, stylized drawing of a sad face. It features two small, curved lines for eyes, a large, downward-curving arc for a mouth, and a single teardrop falling from the right eye. The drawing is light gray and centered on a white background.

What is one key thing that God is telling me through His Word in light of the things that have happened this week?

Commit all these matters to God in thanksgiving & prayer.

Sunday Message Notes

Scripture:

Psalm 80

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What appeal did the Israelites make to the Lord in this prayer? (vv.3, 7, 19)
2. How did the psalmist describe their condition? (vv.4-18)
3. What promise does Israel make in response to God's deliverance? (vv.17-18)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 81

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What exhortation does the psalmist give to God's people (vv.1-4)
2. What gives them reason to celebrate? (vv.5-10)
3. What spoils their celebration? What attitude should believers live by? (vv.11-16)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 82

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What is meant by 'God presiding in the great assembly'? (v.1)
2. What have other judges/leaders failed to do but God has done? (vv.2-4)
3. How did the psalmist describe such judges/leaders? (vv.5-7)
4. What did the psalmist ask of God, and why did he ask for this? (v.8)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 83

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. Why did the nation of Israel need God's help? (vv.1-8)
2. What did Israel ask from God to do for them? (vv.9-17)
3. What is the psalmist's motive in asking God to deliver Israel? (v.18)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 84

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. How did the psalmist describe the dwelling place/house of God? (vv.1-4)
2. How did the psalmist describe the joy of those who draw near to God? (vv.5-7)
3. What brings the writer unspeakable joy in the presence of the Lord? (vv.10-12)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

This Past Week at a Glance

I am happy and thankful
to God about...



I am sad about...



I am fearful or worried
about...



I am angry or bothered
about...



What is one key thing that God is telling me through His Word in
light of the things that have happened this week?

What is one thing I need to do in light of what God is saying?

Commit all these matters to God in thanksgiving & prayer.

Sunday Message Notes

Title:

Scripture:

A large area of dotted lines for writing notes.

Psalm 85

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What has God done for them in the past? (vv.1-3)
2. What are they asking God to do in the present? (vv.4-7)
3. What are they affirming to God? (vv.8-9)
4. What is their confidence for the future? (vv.10-13)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 86

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What are the reasons why God would answer David's prayer? (vv.1-7)
2. Exodus 34:6 is a foundational statement of the Old Testament. How does that help David pray? (vv.5, 13, 15)
3. How does David see the character of God? (vv.8-13, 15)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 87

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What is said of Zion, the chosen city of God where the temple dwells? (vv.1-3)
2. Rahab (symbolizing Egypt; cf. Isaiah 30:7), Babylon, Philistia, Tyre, and Cush are all foreign nations that have been enemies of God's people at one time. Why are they included here? (vv.4-6)
3. By the time of the New Testament, people from all nations are now called to be the people of God. How do God's people respond to that time? (v.7; cf. Eph. 2:11-19)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 88

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What is the psalmist's experience of God in his distress? (vv.5-8, 14-18)
2. This psalm is unique in that there is no statement of confidence in God in its entirety. Yet how often does the psalmist go to God in his distress? (vv.1-2, 9, 13)
3. What does the psalmist remember of God? (vv.1, 10-12)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 89

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. The psalm is based on the covenant God made with David on 2 Samuel 7:1-16. How does the psalm depict God doing this? (vv.3-4, 19-37)
2. What is the concern of the psalm? (vv.38-45)
3. What does the psalm pray for in response to this? (vv.46-52)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



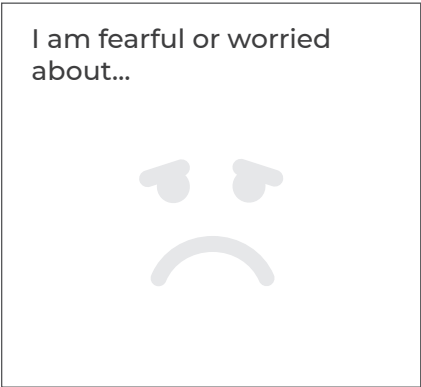

Pray & surrender your response to God.



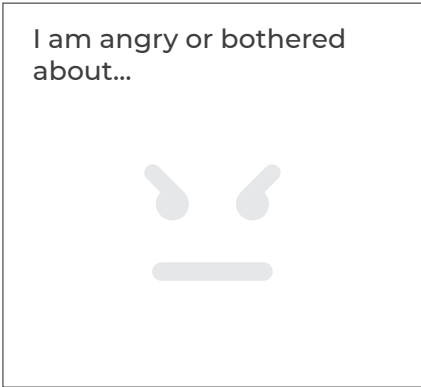

Prayers for today:

This Past Week at a Glance

I am happy and thankful
to God about...



I am sad about...



I am angry or bothered about...

Commit all these matters to God in thanksgiving & prayer.

Sunday Message Notes

Scripture:

Psalm 90

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. How does our human life compare to God? (vv.1-11)
2. What is the prayer in response to these reflections? (vv.12-17)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 91

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. Where would followers of God find genuine shelter and protection? (vv.1-4)
2. What kind of dangers and harms do believers withstand when they trust in God? (vv.3-13)
3. How did the psalmist recall his assurance of protection through having a relationship with God? (vv.14-16)

** Listen to the song "On Eagle's Wings" by Michael Joncas*

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 92

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. How does the psalmist express praise and thanksgiving to God? (vv.1-6)
2. How does the psalmist describe what happens to evildoers and enemies of the Lord? (vv.7-11)
3. What will happen to those who choose to do right in God's eyes? (vv.12-15)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 93

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What gives the psalmist reason to rejoice when the Lord reigns? (vv.1-2)
2. What imagery and word pictures does the psalmist use to describe God's power? (vv.3-4)
3. How does the psalmist declare the reliability of the Lord's statutes? (v.5)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 94

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What are the complaints of the psalmist against the wicked? (vv.1-7) Take note of the names that were used for these kinds of people (vv.2-4)
2. According to the psalmist, how will the Lord act on those who are against Him? (vv.8-11)
3. How will the Lord bless those who choose to hold on to the Lord's instructions? (vv.12-15)
4. How did the psalmist reassure himself of confidence in God's rightful vengeance against those who are unfaithful? (vv.16-23)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



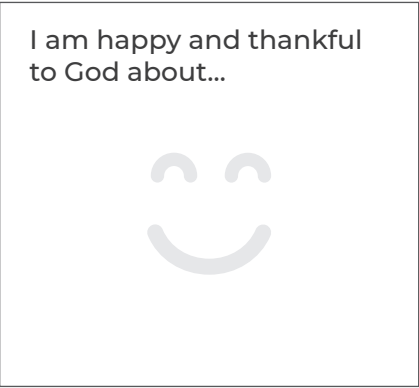
Pray & surrender your response to God.




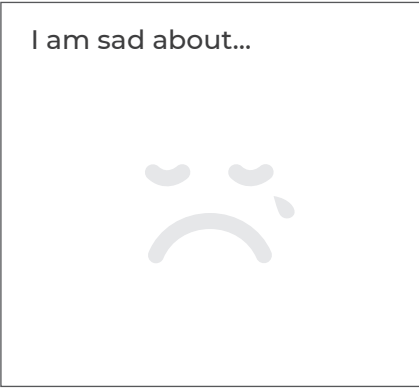
Prayers for today:

This Past Week at a Glance

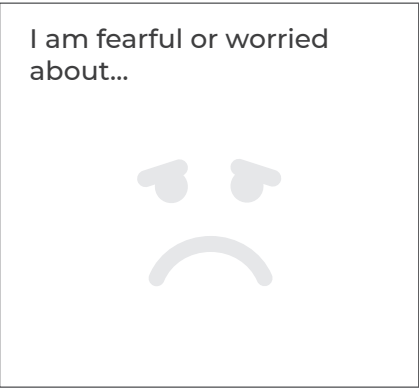

I am happy and thankful
to God about...



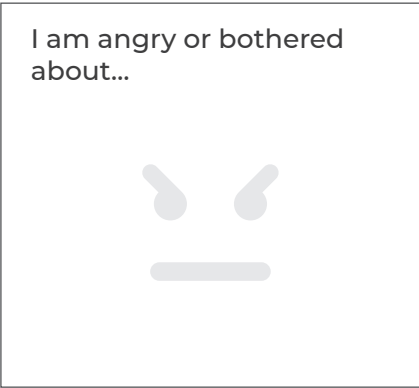

I am sad about...

A simple, stylized drawing of a sad face. It features two small, curved lines for eyes, a large, downward-curving arc for a mouth, and a single teardrop falling from the right eye. The drawing is light gray and centered on the page.

I am fearful or worried about...



I am angry or bothered about...



What is one key thing that God is telling me through His Word in light of the things that have happened this week?

What is one thing I need to do in light of what God is saying?

Commit all these matters to God in thanksgiving & prayer.

Sunday Message Notes

Title: _____
Scripture: _____

Title: _____
Scripture: _____

Psalm 95

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. In the psalmist's call to worship, what gives people the reason to worship God? (vv.1-7a)
2. Who was God in relation to the earth? (vv.3-5) Who is God in relation to His people? (vv.6-7a)
3. Revisit a history of God's people in Numbers chapter 14. What will happen to those who choose to disobey the Lord? (vv.8-11)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 96

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What does the psalmist command of people to do in praising God? Take note of the verbs used. (vv.1-3)
2. What are the reasons to give God praise? (vv.4-6)
3. What terms / phrases does the psalmist use to suggest that the need to recognize the Lord is not only for the Israelites / or only one nation? (vv.7-9)
4. How are God's creatures / creation to join in giving Him praise? (vv.10-13)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 97

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What truth about God did the psalmist declare? (v.1)
2. What should be the proper response of God's enemies to this truth and why? (vv.2-9)
3. What should be the proper response of God's people to this truth and why? (vv.10-12)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 98

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What does the psalmist call his listeners to do? (v.1a) Why is God to be praised? (v.1b)
2. How is God to be praised? (vv.1a, 4-6, 7-8)
3. What aspects of God did the psalmist praise God for? (first aspect: vv.2-3; second aspect: v.6b; third aspect: v.9)
4. Who are called to worship God? (vv.4, 7a and 8, 7b)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 99

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What description of God was repeated and highlighted in this psalm? (vv.3,5,9)
2. How should people respond to God's sovereignty and holiness? (first response: v.1; second response: vv.2-5)
3. What examples were given to show God's holiness? (vv.6-8)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?




Pray & surrender your response to God.




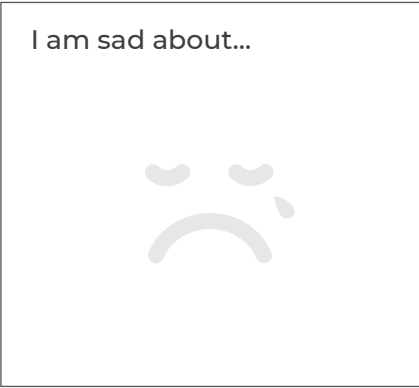
Prayers for today:

This Past Week at a Glance

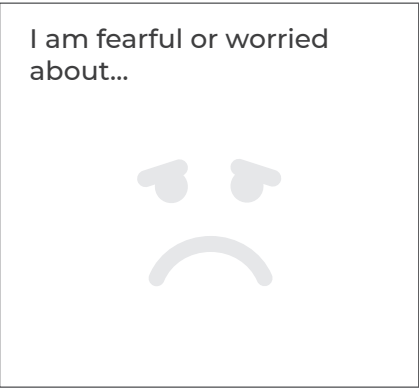

I am happy and thankful
to God about...



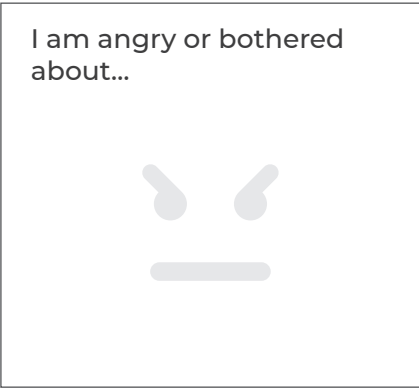

I am sad about...

A simple, stylized drawing of a sad face. It features two small, curved lines for eyes, a large, downward-curving arc for a mouth, and a single teardrop falling from the right eye. The drawing is light gray and centered on the page.

I am fearful or worried about...



I am angry or bothered about...



What is one key thing that God is telling me through His Word in light of the things that have happened this week?

What is one thing I need to do in light of what God is saying?

Commit all these matters to God in thanksgiving & prayer.

Sunday Message Notes

Title: _____
Scripture: _____

Title: _____
Scripture: _____

Psalm 100

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What is the first thing that the psalmist exhorts his listeners to do? (vv.1-2) What motivation did the psalmist give for this? (v.3)
2. What is the second thing that the psalmist exhorts his listeners to do? (v.4) What are the three reasons the psalmist gave for doing this? (v.5)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 101

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What was the passionate commitment that David made in this psalm? (vv.1-2a)
2. What are specific examples of David's personal commitment to live righteously? (vv.2b-5)
3. What assurances did David give to "the faithful of the land"? (v.6)
4. What warnings did David give to "the wicked of the land"? (vv.7-8)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 102

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. Read the superscript of the psalm. What was the lament of the psalmist? (vv.1-2, 24)
2. In what ways did the psalmist describe his deep physical and emotional afflictions before God? (vv.3-11, 23)
3. In the midst of his affliction, what did the psalmist remember about God—His character, ways and works? (vv.12-28)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 103

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What are some of the things God has done that the psalmist is thankful for? (vv.2-5)
2. What attributes or traits of God did the psalmist declare? (vv.6-13)
3. Who are invited to praise God? (vv.19-22)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 104

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What are the parts of creation that the psalmist describes as under God's care? How does it make you feel to know that God is in-charge of all creation? (vv.2-23)
2. How does God relate to His creation? How do His creatures respond to Him? (vv.24-30)
3. What did the psalmist pray as he reflected on God as creator? (vv.31-35)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

This Past Week at a Glance

I am happy and thankful
to God about...



I am sad about...



I am fearful or worried
about...



I am angry or bothered
about...



What is one key thing that God is telling me through His Word in
light of the things that have happened this week?

What is one thing I need to do in light of what God is saying?

Commit all these matters to God in thanksgiving & prayer.

Sunday Message Notes

Title:

Scripture:

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Psalm 105

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. What are some of the reasons we should praise God? (vv.1-6)
2. How was God faithful to the people of Israel? (vv.7-15)
3. Who are the persons mentioned by the psalmist as he remembers God's protection, provision, and presence to His nation? (vv.16-22; 23-25; 26-38).
4. What examples were given to show God's faithfulness to His covenant people? (vv.39-45)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today:

Psalm 106

Go through the elements of P.R.A.I.S.E. for your personal worship. The questions below can help you reflect on the text for today.



Look at what the text says.

(who, what, when, where, why, & how)

1. Why should we give thanks to God? (v.1)
2. What are the sins of the people of Israel against God? Looking at all these sins, what word will you use to describe their heart problem? (vv.6-7; 13-14; 16; 19-22; 24-25; 28-29; 32-33; 34-39)
3. How did God respond to Israel's sins? How was God able to combine His 'holiness and justice' together with His 'mercy and love'? (vv. 40-46)
4. Why did the psalmist pray for God to save his people? (vv. 47-48)

Notes



By God's grace, I want to respond in faith by:

Tip: What can you P.R.A.C.T.I.C.E.?



Pray & surrender your response to God.



Prayers for today: